

TRAININGSPLAN 2011-2012

KVC ZWEVEGEM SPORT

2011-2012

	1	2	3	4	5	6	7	8	9	10	11	12	
	9:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	
Ma									U8	U8	U12	U12	
									U8-Moen	U8-Moen	U13	U13	
									U9	U9	U14	U14	
									U10	U10	U15	U15	
											GU15	GU15	
										U17	U17		
										U17-Moen	U17-Moen		
Di											B-MOEN	B-MOEN	
									CU11	CU16	CU21	CU21	
									KU14/U15	KU16/U17	KU21	KB/A	
									U7	U7			
										U11	U11		
											U16	U16	
											B-TEAM	B-TEAM	
Wo											FC MOEN	FC MOEN	
											A-TEAM	A-TEAM	
										REVAL	REVAL	REVAL	
										KU8/U9	KU10/U11	KU12/U13	
										U6-Moen	U6-Moen	U12	U12
										U6	U6	U13	U13
Wo										U8	U8	U14	U14
										U8-Moen	U8-Moen	U15	U15
										U9	U9	GU15	GU15
										U10	U10		
											U17	U17	
											U17-Moen	U17-Moen	
												U21	U21
											B-MOEN	B-MOEN	

